



New Fun Program for the Fall General Membership Meeting Sunday November 21st – *Details on page 2*

YOUR EQUINE NEWSLETTER

2010 #5 SEPT / OCT

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Better be Barefoot***

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And Much More!

Message from the President

I would like to thank everyone who has sent well wishes to me since Cisco and I had our fall March 16th. The end of July I had a shoulder joint replacement done. Have lots of PT to do but hopefully by spring my arm will be working and Cisco and I will be back on the trails. Again thank you for all your encouragement over these months.

It has been a good year for the horse community in our area:

- Knox Park was able to remain open to all, including equestrians.
- Bond Lake Park was reopened to horses, a special thanks to Carol Schmelz and Nina Nanula who spent time with the park manager explaining how important the trails were to local horsemen and that horse people and non horse people could continue to enjoy it.
- The Erie County Agricultural Society's Fairgrounds Showplex (52,000 sq ft building with a 125' X 225' show arena) has already hosted a number of equestrian events. We will be holding our Spring Get Together there Sunday March 20th 2011.
- Our sister Horse Council Chapter -Cattaraugus/Chautauqua Chapter has continued to improve and create trails in the southern tier which many of our members also enjoy and we thank them for all the hard work they have done.

I would like to encourage all our members to share their ideas with me on what you expect from the Western Chapter and how it can improve.

I cannot believe fall is here! I hope this beautiful time of year finds you enjoying your horses. ~ Barb

Show me your horse and I will tell you what you are.

Old English Saying



Party with a Purpose: Christmas Extravaganza - Shop Early and Help Area Equine Organizations

It's going to be a *win-win* on Sunday, November 21st. Holiday camaraderie, delicious hors d'oeuvres, decadent desserts and bargains galore on gifts for all the equestrians on your Christmas list...could you ask for anything more? *Oh yes...* with every Chinese Auction item you bid on and win, you'll be helping our guest equestrian rescues and non-profit organizations have a Merry Christmas too!

Bring everyone you know (non-members welcome) to the Western Chapter's fall general membership meeting and don't miss the perfect mix: wrap up the fall riding season, catch up with all your friends and "party with a purpose."

All proceeds will go to our featured equine organizations (watch for a list in the next newsletter and on our website).

**Admission Cost: a new or gently used item
for the Chinese Auction**

**Location: East Aurora Moose Lodge,
905 Main Street, East Aurora**

Time: November 21st - 1:30pm to 3:30pm



MEMBER QUOTE OF THE MONTH:

"The daughter who won't lift a finger in the house is the same child who cycles madly off in the pouring rain to spend all morning mucking out a stable." ~Samantha Armstrong

Western Chapter Board of Directors

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NYS Horse Council Western Region Directors

Mary Ann Byers – 716-662-5198 Jim Leising – 716-532-3357

NYS Horse Council Western V.P.

Bob Pfohl – 716-633-6145

The Western Chapter wishes a speedy recovery to the following members:

Mary Ann Byers
Kent and Gail Schraufstetter
Ginger Trautwein



Hope to see you back in the saddle real soon!



www.wcnyshc.org
716-735-3529

MEMBER SPOTLIGHT: *BETTER BE BAREFOOT*



Natural Hoof Trims by Sherri Pennanen The key to fluid movement, *the barefoot way!*

Sherri Pennanen has been around horses for over 40 years. Her love of horses and their nature led her to pursue a career as a farrier. But for Sherri, there is much more to her work than trimming hooves. She has worked hard to become a barefoot trim specialist and her accomplishments include a recent endorsement by Healthy Stride.

Through her company, Better Be Barefoot, Sherri performs balanced natural trims for horses. These trims are tailored to the horse that has lots of turnout (optimally 24/7) and a solid natural diet. Promoting holistic hoof and horse care, Sherri is a firm believer in the powers of the natural bare hoof. She notes that the hoof is “made” to support the weight and movement of the horse. It is the key to fluid movement and good balance. She often teaches her customers that the hoof is healthier with free movement, unimpeded by a shoe nailed on. If barefoot, the frog of the hoof will improve in quality and structure, the hoof wall will grow thicker, and the hoof can clean itself more effectively when it can move and respond to surfaces in an untethered way. The hoof that is not shod will wear more naturally as well. So, she reports, whether you are after a sure footed trail partner, flying lead changes, or precision maneuvers, the horse will be more able to respond when he is barefoot and balanced. Her job is to assist in that balance since our horses are no longer the nomads that their ancestors were. But Sherri is quick to point out that the more time a horse can spend *outside* of a stall, the better his health can be.

Sherri is committed to learning. Most recently, she studied with Jim Crew and Dr. Thomas Tesky as she became an endorsed barefoot specialist for Healthy Stride. Through intensive study, she continues to learn more ways to help horses, even in the most challenging of circumstances and conditions. She is well versed in managing routine balanced trims but is also known throughout Western New York and Southern Ontario for her ability to manage difficult conditions including founder, laminitis, navicular syndrome, ring bone, abscesses, thrush, and mystery lameness.



During her studies in Arizona and Florida with Jim Crew and Dr. Tesky, Sherri had an opportunity to work on a horse that had been seen by vets and by chiropractors. He had been massaged and had multiple tests and treatments. The horse displayed poor posture and a bulging rib cage. After she went to work on this horse and executed a balanced barefoot trim, the problems resolved. When she came back to see him the next day, he cantered to her as if to say, “finally, someone figured it out!”

Better Be Barefoot ranch offers rehab to cases requiring more intensive and frequent care. Sherri also is able to offer full consultations, guidance in holistic horse and hoof care, boots, and casting. She is available for crisis intervention and works with area vets to resolve health issues. During her visit, she will show you graphically using a laser level how she can get the horse in good alignment.

When asked if a horse that has worn shoes for years can change to being barefoot, Sherri reports that the transition is not instant. In fact, on the first visit, she rarely does anything more than pull shoes. She believes in giving the horse a chance to “feel” his new feet and adjust to the sensations and feel of the earth. After just a very short time, the horse will appreciate significantly better blood flow to and from the hoof that is now moving as it was intended. Free movement, good quality forage, and balance through good trims will lead to a happier, healthier horse.

Sherri welcomes calls for consultations and can be reached at 716 432-2218 and she invites you to visit her website at www.betterbebarefoot.com in order to read more about what she offers.



HAY & PASTURE INSURANCE EXPANDS TO ALL OF NEW YORK IN 2011

Coverage Provides Payment in the Event of Drought; Sign-Up by September 30

New York State Agriculture Commissioner Patrick Hooker today announced that USDA Risk Management Agency is expanding crop insurance coverage statewide for hay and pasture in the 2011 growing season. Last year, USDA had a pilot program for hay and pasture in only 15 counties. Producers interested in 2011 crop insurance coverage of hay and pasture must sign up by September 30, 2010.

"Hay is an essential crop for dairy and livestock farmers in New York," the Commissioner said. "I appreciate USDA expanding its pilot program to offer hay and pasture insurance for all of New York State next year, and encourage our farmers to consider this opportunity. Insurance premiums are affordable and insurance payments can help producers purchase replacement feed if a drought reduces their hay and pasture production."

The program, officially called the Pasture, Rangeland, Forage - Rainfall Index or PRF-RI, allows producers to insure their hay crop or pasture against drought. When less than normal precipitation occurs, insured producers may receive a payment based on the difference in historical data for their location and rainfall during the insured time interval.

PRF-RI is considered a group risk policy, covering livestock grazing and hay land based on a rainfall index for the area in which it falls. For example, if a producer insures their hay for 90% or less of normal rainfall, and the rainfall in May and June is only 50% of normal, then the producer receives a payment. No yield reporting is required, nor do loss adjusters visit the farm.

Producers must purchase crop insurance from a licensed crop insurance agent. To find a crop insurance agent, producers can visit the USDA RMA website for a list of registered agents at www.rma.usda.gov/ or call the NYS Department of Agriculture and Markets for a list of agents working in New York State at 800-554-5401.

MEMBER QUOTE OF THE MONTH: "Poverty is another word for owning a horse..." - *Author Unknown*



Our new video entitled "The Promise" produced by Jay M. Lurie, an independent producer from Buffalo, NY is now available on YouTube. This is the story about our rescue and Jay did an excellent job and there is even an original music score done by Cathy Carfagna and Dave Meinzer of Red Jacket Records.

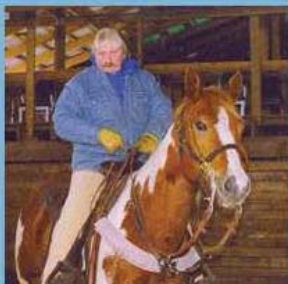
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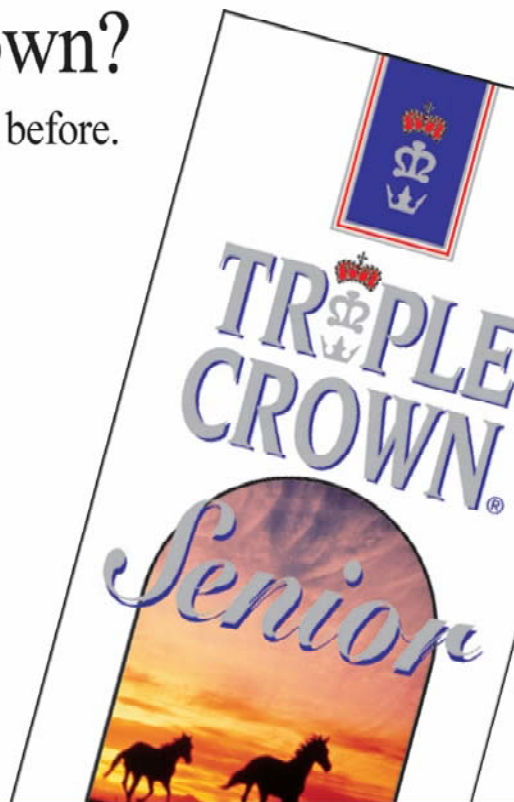
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MEMBER TIP OF THE MONTH:

Breathing into a horse's nose with your nose is a little horse whisperer trick-of-the-trade that really melts some horses and is perceived by them as a sign of friendliness.



Syracuse Invitational November 2 – 7, 2010

**Tickets to Syracuse Show Jumping Competitions
Raise Money for Local Not-For-Profit**

The Syracuse Invitational and Oncenter Complex are proud to announce that tickets are now on sale for the 2010 Tournament which features the 127th National Horse Show. One of the nation's premier international equestrian competitions, the Sporthorse Tournament will feature the top-ranked US riders and international competitors who will all vie for the FEI World Cup Qualifier of Syracuse and the Sporthorse Cup, as seen on Animal Planet. In addition, the finest junior riders in the U.S. will compete in the National Horse Show ASPCA Maclay Championship. The action will take place in the War Memorial at the Oncenter Complex in downtown Syracuse November 2nd through 7th 2010.

More information regarding the schedule of classes and activities of the Syracuse Invitational and the National Horse Show is available at www.SyracuseInvitational.com.



DID YOU KNOW?

Horseback riding head injuries are more common than most people think, according to *Riders4Helmets.com*, the web site that organized National Helmet Awareness Day.

In 2007, emergency rooms saw approximately 11,000 horseback riding head injuries, and concussions occurred in about 5 percent of those cases.

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PROV. 3:5-6; TRUST IN THE LORD WITH ALL YOUR HEART AND LEAN NOT ON YOUR OWN UNDERSTANDING. ACKNOWLEDGE HIM IN ALL YOUR WAYS AND HE WILL DIRECT YOUR PATHS. <^(((><

Ebay Fundraiser for Lothlorien Therapeutic Riding Center

Since 1983, Lothlorien Therapeutic Riding Center Inc. has provided instruction in therapeutic riding for individuals with mental, physical, emotional and learning disabilities throughout the Western New York area. The goal of our program is to provide a safe and enjoyable environment for individuals to experience the benefits of horseback riding and horsemanship skills. The facilities at Lothlorien are designed to accommodate riders with disabilities. Through the use of specially built mounting ramps, a wide variety of adaptive equipment and the cooperation of our trusted, loyal and specially trained horses, Lothlorien has been able to meet the needs of the population we serve while maintaining the strict safety guidelines established by the North American Riding for the Handicapped Association (NARHA), of which we are a Premier Accredited Center.



Programs at Lothlorien are conducted by NARHA certified instructors and over 150 trained volunteers dedicated to providing only the highest quality programs for individuals with disabilities in the WNY community.

Lothlorien Therapeutic Riding Center has teamed up with Carnaby Services, WNY's premiere eBay consignment company, to bring the "fun" into fund raising! We know times are tight for all of us, so we're not asking you for money; we're just asking you to look through your cupboards and attics for items that can be sold through our eBay fundraiser.

This is a great time to get rid of that set of china you haven't used for ten years, or that 1950s jewelry from Aunt Vern! Not to mention the old army uniform that belonged to Uncle Charlie or the trumpet you haven't played since high school...check out the list below for some ideas! You'll get a tax letter for your donation, and you'll help us raise money to support our needed programming. We're ready to take your items right now, so start looking!

There are three ways to get your items to us:


1. You may bring items here to us at Lothlorien at 15 Reiter Road in East Aurora anytime we are open - just let us know they are for the fundraiser!
2. You can call Carnaby Services at 716-662-2058; Phoebe or Jock are happy to make house calls, or can arrange a time to meet you at their drop-off shop at 749 Quaker Road (20A).
3. There will be open drop-off times at the shop at 749 Quaker Road on September 16 and 17 from 2 in the afternoon until 8 pm.

Phoebe from Carnaby Services can answer any questions about the fundraiser - you can call her at 716-662-2058. For questions about Lothlorien Therapeutic Riding Center and our wonderful programs, call us at 716-655-1335 x 101.



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UPDATE: *Birdsall Horse Rescue and Sanctuary Inc. Making Great Progress*

BHRS is very pleased to announce that we have had several professional horse trainers step forward to work with our young stock to make them more adoptable. We thank Shane Ogden and Lucretia Galbraith of Riverview Stables in Scottsville, NY, for taking Cinnamon, our 3 year old, 15+ hand Haflinger cross. She is making steady progress. If anyone is interested in meeting Cinnamon, please contact us. She will continue her training at River View through September.



Kim Strauss of Quaker Farm in Honeoye Falls, NY, started Sherlock, our five year old Morgan cross. He has now moved to Bristol Valley Training Center in South Bristol, where he is putting in miles under trainer Jennifer Lilly's guidance. We are so grateful that these horse trainers have volunteered their time and skills to make Cinnamon and Sherlock's lives so much better. Both of these horses are available for adoption within a two-hour drive of Bloomfield, NY.

We're also grateful to the Ontario County Workforce Development and Department of Correction for helping us maintain and improve our property.



Our newest adoption took place the last week of August when Rhonda and Mike Seever of Lima, NY, adopted our 28 year old Quarter Horse gelding, Mack Olin. He very quickly fell madly in love with their rescued mini, Margaret, and the feeling is mutual.

Our yearling stallion, Tucker, was returned to our farm this summer for gelding and training. Lindsay Perrin, his owner, had a huge party when he arrived back home in Canandaigua on August 29th. He settled right back into his old routine. Everyone there was beyond happy to have him return.

Our October fundraiser is our biggest news. We're calling it a "**Search for Seahorses**" One of our supporters, Debbie Marcuccilli of Honeoye Falls, has donated a two-hour cruise for 100 people on the Canandaigua Lady. It is scheduled for Sunday, October 3rd from 11:30 – 1:30. Although we may not find any Seahorses in Canandaigua Lake, our guests will enjoy helping BHRS horses on land. We are planning a fun filled cruise with the trio, Almost Irish, entertaining us with their lively music; a buffet lunch catered by Steamboat Landing; silent and live auctions items, raffles and door prizes. Another highlight will be the appearance of the famous miniature horse, Merci Bo Cool. She is a local celebrity and a certified therapy horse that has been featured on Animal Planet. Merci and her owner, Dee Pulis, will be in the Steamboat Landing parking lot an hour before the cruise to do tricks and sell kisses. Merci is also an accomplished artist and will do a painting to be auctioned off at the end of the event. All of this will benefit BHRS. We are so grateful to Deb Marcucilli for her beyond generous donation of this cruise, which makes this event possible.

Tickets for the cruise, luncheon, and auction are \$25 each. We guarantee a good time, lots of fun and food, great auction items, and to top it all off, a two hour fall cruise on the Canandaigua Lady. We are limited to the number of tickets we can sell for the cruise, so it would be best to buy your tickets early. Save the date, buy your ticket, and plan on a beautiful fall cruise to benefit the horses at Birdsall Horse Rescue and Sanctuary. You can order your tickets several ways: send a check for \$25 per ticket to Birdsall Horse Rescue and Sanctuary Inc, PO Box 95, Bloomfield, NY 14469 or use PayPal to purchase tickets. With your support, we will raise enough money to feed and shelter our horses through the coming winter. Last year's fundraiser paid for veterinary services, a big part of our budget; repaired the barn roof, purchased rubber mats for the barn floor, and bought enough hay and grain to feed the horses through the winter. It is your help that makes our sanctuary a success, and we are sincerely grateful.

All in all, we have made great progress this year. Help us continue with our efforts by joining us for our event on October 3rd. We are looking forward to seeing many of you at our Search for Seahorses fall cruise on Canandaigua Lake.

Thank you everyone!
Harriett Rubins, Executive Director, BHRS





Infectious Disease Update

WEST NILE VIRUS

By mid August, nearly 400 mosquito pools tested positive for the virus in New York State and 9 human cases were confirmed. Historically the "equine season" for this disease is late summer to fall. Though no horses have been diagnosed with WNV as of August 23, positive mosquito pools have been found in nearby Erie and Onondaga counties as well as most counties near New York City. WNV kills about 33% of infected horses; survivors are often left with polio-like symptoms.

EASTERN EQUINE ENCEPHALITIS

In late August 2010 a two year old horse in Oswego County, New York died of EEE, and a second fatality was confirmed in early September, also in Oswego County. Several horses in Massachusetts, Michigan, Indiana, and Florida also died this summer after being infected with this mosquito borne virus. More cases are being reported in the US than in recent years. Swampy regions around Syracuse have always been reservoirs for the disease, which, like WNV, is carried by birds and transmitted by mosquitoes. EEE kills over 90% of infected horses. It also can be fatal to people.

RABIES

By mid summer, nearly 400 animals were confirmed with rabies in New York, including two horses (Albany and Washington counties) and two cows. All counties in western New York have reported multiple positive animals, mostly raccoons. Wyoming and Livingston counties each reported a cat that died from rabies. Rabies is 100% fatal in all species; people that handle rabid horses or other animals must get post exposure treatment.

POTOMAC HORSE FEVER

Numerous horses in New York and other Atlantic states were diagnosed with PHF this summer. All cases required intensive therapy and several horses died. A cluster of cases occurred in the northern Adirondacks in July. Risk factors include proximity to creeks or other water sources. Signs of PHF include fever, loss of appetite, and depression. Some horses develop diarrhea, while others stop making manure. Severely affected cases develop laminitis or show colic. PHF has a reported mortality rate of 5-30%. A vaccine is also available for PHF but is of limited effectiveness.

MEMBER TIP OF THE MONTH: Check now to make sure you are up to date with your horse's vaccines!



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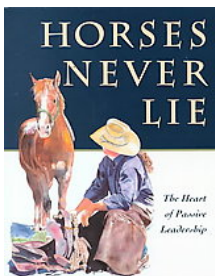
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MEMBER QUOTE OF THE MONTH: MURPHY'S LAW: The number of horses you own increases according to the number of stalls in your barn.



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Recommended Reading



Horses Never Lie - The Heart of Passive Leadership
by Mark Rashid

MARK RASHID
Author of *Considering the Horse*
Illustrations by Greg Miller

The author of *Considering the Horse* and *A Good Horse is Never a Bad Color*, Rashid clearly defines the difference between alpha and passive leaders. He explains how to become a passive leader (leading by example rather than force) and illustrates with compelling stories how horses change from being indifferent or unwilling participants to becoming enthusiastic partners with their owners. It's a must read for all horse owners who care about their horses and the kind of relationship they have with them.

Paperback: 169 pages
Publisher: Spring Creek Press

Member's Featured Website

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MEMBER QUOTE OF THE MONTH: "He knows when you're happy , He knows when you're comfortable, He knows when you're confident ,
And he always knows when you have carrots." - Author Unknown

WESTERN NEW YORK Equine Directory

*There is Still Time to Get
Listed in the Directory!*

The Western Chapter, NYS Horse Council, is publishing a directory of equine related business and services which will be distributed FREE to the public in January 2011.

A basic business listing costs only \$10 so consider listing under all the categories that apply to your business. Display ads are also available.

Clubs and horse rescues will be listed for free.

For more information contact Barb Cunningham
(president WCNYSHC)
716-735-3529 or BarbCunningham11@gmail.com



Benefits for Member Clubs, Associations & Businesses

If you haven't checked out the Chapter website lately (www.wcnysc.org) give it another look. We've added a special page to promote our member clubs and associations as well as our member businesses with a directory and links to website/email. If you're not already listed, drop us an email (WChaptWebMare@aol.com) so we can get your info up. And be sure to send us your logo. Our web consultant, Mr. Ed, really like to see those graphics on the site!

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Little Horses – BIG FUN!!!

An avid trail rider finds unexpected delight in driving minis and ponies

By Tracey Merrett



I am a trail rider. That is my passion. I can't fathom life without a nicker and a nuzzle to start my day and a trail to go down with my best mare. It is in my blood.

Imagine, if you will, that a tried and true trail rider wants some "horse joy" for the husband – but he has been unloaded one too many times. He has sworn off letting his jeans meet the saddle ever again. But he lives on a horse farm. He helps with the chores. So what is in it for him?

He decides to get a pony and a cart. He decides to start driving. So onto the internet goes the ad. "Wanted – a pony that knows how to drive with all of his stuff – harness, cart, the works!". In come the replies. Soon, little Buddy, a 12 year old 34 inch Shetland is living at our house and his shiny red cart is in our spare stall. He brings with him a halter that is nothing short of one of those challenging jigsaw puzzles. Lots of pieces – pretty difficult to tell what any are supposed to do.

But I will humor my hubby. If he keeps just so much as a little interest in this, I can continue to trail ride guilt free. So even when a "driving clinic for adults" at a miniature horse farm comes up, I agree to come along for the ride and audit the clinic at Kateland Farms in Holley, NY.

From that point forward, the rest is a blur. The clinic was full of adults who were enthusiastic about driving these minis and ponies. They came by the hoards. There were some who were injured by big horses but still wanted that "horse contact". Others declared that their pasture buddies needed work, too. Still others just love the little horses and ponies. But they all shared one thing – once in a cart hooked to one of the little equines, they became giggling youngsters, eager to go here and go there – faster – with more precision – all the while with broad smiles and no fear. They did not want to stop when the day was done. They did not want to hand over the reins.

At Kateland Farms, I watched a transformation of my husband. He got a glimpse of what I have been trying to explain to him for years about how a horse can give you what no other animal can. We love our dogs and that is for sure. But there is something so much more spiritual and deep when you love a horse. Now, Buddy was his love and the metamorphosis was marvelous.

We both actually learned a lot that weekend – about harnessing and more. And we ended up trading in the shiny red cart for a Graber cart with a lower center of gravity and larger wooden and rubber wheels.

With this cart, Buddy could trot through a cone obstacle course with precision and ease. He could do trails. And he could take his cart safely down the road or on grass.

So everybody is a winner with this special delight, correct? Well there is still more to this story! Brian kept insisting that I "take Buddy for a spin" and give the driving a try. Just to humor him, I finally agreed figuring I would get it over with and then settle back onto my mare and go trail riding. But that is not exactly how it happened.

Instead, I have become a driving "junkie". I love the thrill of the cone course. The trails are just as beautiful from a cart. And little Buddy does an awesome job. He has three sweet speeds of trot (slow, working, and strong) and he knows his verbal commands perfectly. He delights in "being picked" for work at the gate and he will go anytime you ask him. He is fun, responsive, and talented. All things considered, I have now set my sites on trying to steal Buddy for my own!!! Driving him is an instant smile producer.

Since our clinic, we have been to see driving shows such as Walnut Hill in Pittsford where there are hundreds of competitors with big and mini horses whose call is driving. And the East Aurora Driving Society has some outstanding shows. Long Ears and Friends has fun shows just like the "big horses" have and we plan to compete in September. What is especially interesting to us both is that people of all ages drive these minis and ponies. At Walnut Hill, there was a class called "OLD GUARD" and it featured drivers over the age of 65. There was a lady there, all decked out in her red hat – well into her 80's just having a ball with her Welsh Pony and a Graber cart. Good for her! And someday it will be good for us!

Don't miss out on the chance to explore this little piece of horsey fun. If you have a pasture buddy who is a mini, a pony, or a donkey – get cracking and start driving. If you need help, I know that Nikki at Kateland Farm (www.katelandfarm.com) can make this a reality for you with reasonable lessons and practice. Rachel Rice Blanchard, a very talented clinician, offers programs at Kateland each summer and at Belle Grey Farm in Virginia in the winter. If you attend one of their weekends, you will drive a mini, a pair, even four –in-hand!!! Just be prepared – *your face will hurt from smiling*. They may be little horses, but this is *big fun!*



Upcoming Events

Sept. 25	Alfred University Equestrian Center WNY Team Penning & Sorting	607-587-9012 or equestrian@alfred.edu
Oct. 1-3	Creekside Roundup Fall Trail Ride, Franklinville.	Charlie Jackson or Donna Quick 716-572-7358 or Sarah Boehmer 716-9951
Oct. 2	High Standard Stables Open Horse Show. \$8/class or \$40 all day. (Dansville, NY)	www.highstandardstables.com or email Amy at amy@highstandardstables.com or call her at 585-905-9955
Oct. 3	Aurora Trail Riders-Carlton Hill Multi-Use Area-West Middlebury Rd., Middlebury, 11am. Bring sandwich & dish to pass for after the ride.	Sandy Glair & Melinda Loeske 716-652-2925
Oct. 9	Little Valley Riders Club, Little Valley, NY Pot Luck Trail Ride (bring a dish to pass), camping available. Entertainment planned.	Valerie Pincoski 716-969-7390
Oct. 9 & 10	Alfred University Equestrian Center Finals for WNY Team Penning & Sorting	607-587-9012 or equestrian@alfred.edu
Oct. 10	Chautauqua County Trail Riders Fall Color Ride, Cockaigne, 10am.	Anne at hobhollow@windstream.net or 716-287-4474
Oct. 10-11	Lucinda Green Clinic, GVRDC, Geneseo, NY.	
Oct. 13	Cockaigne Guided Trail Ride, 10am. 4 rider minimum. \$25/rider, includes lunch. 3-4 hour ride.	716-287-3223 or 716-287-2721
Oct. 16	Bits-N-Spurs Allegany State Park, Bradford Entrance. Lunch on the trail. 11am.	Ainsley Smith 716-962-5462
Nov. 2-7	Syracuse Invitational, Oncenter Complex, Syracuse, NY. Clinics, demonstrations, professional seminars, shopping, dining, & more!	www.syracuseinvitational.com or 315-655-4721
Nov. 7	Bits-N-Spurs Rittenbur Rd., Arkwright. 1:30pm. If the weather is good, bring a dish to pass for after the ride.	Diana Ermer 716-965-4311



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